

**KETCHIKAN RUNNING CLUB BOARD OF DIRECTORS**  
Member #1149 of the Road Runner's Club of America  
PO Box 23609 Ketchikan, Alaska 99901

**Mission**

The purpose of this organization shall be to improve the physical fitness and mental well-being of it's members through promotion and encouragement of running and Other related activities

**Board Commitment Form**

**Board Member Name** \_\_\_\_\_

Ketchikan Running Club understands that its Board members bring many different skills and capabilities to the organization. Board members are encouraged to find positive ways to make contributions, which are essential to KRC continued health and welling being.

**I will attend a minimum of 7 of the 9 regular board meetings in person or by phone**

**I will attend the KRC annual meeting**

**I have interest in supporting committee work in these areas:**

Volunteer or Direct a Race

Outreach at Health Fair, Special Events

Annual Banquet

Membership and Board Development

Other (suggestions) \_\_\_\_\_

\* Each board member is encourage to participate in at least one board committee during the year

**As a KRC board member, I will make the following commitments for the 2013 year:**

**Personal Gift**

I agree to pay my membership yearly of \_\_\_\_\_.

I have contact with the following corporations or potential individual donors, or members.  
\_\_\_\_\_

**Event Participation:**

It is the expectation that each board member will attend and contribute to the success of KRC running and walking events when they can. We do not require them to be at each run or walk.

I will attend  events annually.

**I will raise awareness of KRC:**

I will contact reporters, do radio interviews, or articles in paper, updates for website, or facebook

I have personal contacts with the following members of the media: \_\_\_\_\_

**Other:**

I would also like to help the KRC in the following ways:  
\_\_\_\_\_

Board Member signature \_\_\_\_\_

Date \_\_\_\_\_